



Dear Parents,

On the back of this sheet, you will find our very first Room 10 snack calendar.

With an early start to our day and lunch scheduled at 11:00am, our brains and bodies need a snack in the mid-afternoon. I know that I can concentrate better when I'm not hungry!!

We will be having a 10-15 minute snack around 1:30 every day. I have created a snack calendar so that each student will be able to bring snack for the class about every four weeks. I will also schedule your child close to their birthday, incase you'd like to send something special.

Please plan to send a healthy snack for 20 students. Also, if you can send any necessary "equipment" (forks, napkins, etc...) I'd really appreciate it. I don't always have these supplies on hand and that can make for a tight situation!

Feel free to send any healthy snack of you or your child's choice. Some ideas to get you started are:

- pretzels
- crackers
- fruit
- cheese sticks
- animal crackers
- graham crackers

We are lucky to have a water fountain right in our classroom, so don't worry about sending something to drink!

I understand that sometimes things come up and you may not always be able to send snack on your assigned day. If this happens, please send an extra snack when you can so that I can keep our stock of "emergency snacks" full!

Please post this calendar in a place where you and your child will remember their assigned day- they will also be our "Calendar Leader" on the day they bring the snack!

Thank you for your support and keeping tummies full so we can concentrate on learning!



Mrs. Bainbridge

Questions or concerns? Call me! 483-7107 ext. 310